



RESTORE

A Childhood Trauma Recovery Group

This group experience is designed for adult women, ages 18 and older who are survivors of childhood trauma, and are dealing with the rippling effects of that trauma.

Groups will be held on Monday evenings from 6:30-7:30pm, at Life Connections Counseling Center

Starts: August 21, 2023
Ends: October 30, 2023

Additional screening may be required for participation

Services provided by Sheryl Henry, LMHC


What to expect:

- A warm, welcoming, and supportive atmosphere.
- A non-judgmental and safe environment to work through your identified goals.
- Weekly sessions

For more information please call or visit our website

 4903 Van Dyke Road, Lutz FL, 33558

 www.lifeconnectionsonline.org

 +813-265-3859 (ext.1)

Cost: \$ 300
for 10 week program

